

JUNE 2005

## **TORONTO FIBROMYALGIA** **SUPPORT GROUP**

### **PURPOSE OF THE SUPPORT GROUP**

**TO PROVIDE MEETINGS THAT INCLUDE COPING STRATEGIES, SUPPORT, EMOTIONAL GROWTH, CARING, SHARING AND LEARNING FROM ONE ANOTHER AND GUEST SPEAKERS. OUR SUPPORT GROUP IS NOT A THERAPY GROUP, NOR ARE WE IN THE BUSINESS OF DIAGNOSING OR VERIFYING DIAGNOSES.**

### **ABOUT THE GROUP**

- **VOLUNTEER RUN**
- **MEETINGS HELD MARCH, MAY, JULY, SEPTEMBER AND NOVEMBER, ON THE SECOND WEDNESDAY OF THE MONTH, 7-9 PM**
- **GUEST SPEAKERS, INCLUDING TRADITIONAL AND ALTERNATIVE HEALTH PRACTITIONERS**
- **OPEN GROUP DISCUSSIONS**
- **LIBRARY**
- **EDUCATION, INFORMATION AND RESOURCES**
- **MONTHLY SOCIAL DINNERS**
- **SAFE, SUPPORTIVE ENVIRONMENT**
- **FRAGRANCE-FREE MEETINGS**
- **FRIENDS AND FAMILY MEMBERS WELCOME**
- **FREE MEMBERSHIP AND ADMISSION**

**LOCATION: ST. ANDREW'S UNITED CHURCH  
117 BLOOR ST. EAST (BLOOR/YONGE SUBWAY)  
TORONTO, ONTARIO  
(WHEELTRANS ENTRANCE - 54 HAYDEN ST.)**

**FOR INFORMATION, CALL 416-760-2227 OR EMAIL  
TORFMGROUP@YAHOO.CA**

### **DISCLAIMER**

**THE SUPPORT GROUP DOES NOT ENDORSE, SUPPORT OR RECOMMEND ANY TREATMENT, PRODUCT, THEORY OR PERSON FOR OUR MEMBERS.**

**WE DO, HOWEVER, TRY TO INFORM OUR MEMBERS IN THE BELIEF THAT AWARENESS AND CHOICE ARE HELPFUL.**